



To Listen to recording:

http://www.dot.state.mn.us/mnsaferoutes/news/network_calls.html

Past Network Call Notes are available at:

http://www.dot.state.mn.us/mnsaferoutes/news/network_calls.html

Please note: recordings of the Network Calls are archived for 6 months only

Attendee list is on next slide



3/14/19 Attendees *(Please note this list reflects those that introduced themselves and first names listed during the call)*

Dave Cowan, MnDOT
 Kelly Corbin, MnDOT
 Ellen Pillsbury, MDH
 Elizabeth Bina, MDH
 Michelle Keifer, Bike MN
 Andrea Orest – Cook Co. SHIP
 Alison Henning – St Cloud APO
 Anna Bohanon – Wright Co. Public Health
 Max Kaufman – Southwest RDC
 Joanne Judge-Dietz – Olmstead Co Public Health
 Karen Nitzkowski – Partnership for Health
 Jenny Lezer
 Julie Jones, City of Fridley
 Mariah Schyma
 Megan Kirby Waseca/La Seuer
 Julie Danzl, Minneapolis Public Schools
 Anna Bohanan

Michelle Auld (Brooklyn Center Schools)
Jimmy Shoemaker and Sierra Saunders ALTA Design
Carol Grady, St Paul Public Schools
Sam Parker (MnDOT District)
Bryan McCoy
Tina Moen
Russel Habberman – ARDC
Ali Carlton

AGENDA

- Welcome and Introduction
- Walkable Community Workshop
 - Ellen Pillsbury, MDH
 - Elizabeth Bina, MDH CDC PHAP fellow
- MnDOT Update/Winter Walk to School Day Recap
- Announcements
- Skill Share Open Space

Walkable Communities Workshop

Minnesota Department of Health



Welcome!



Ask: Why are you here? What are you hoping to get out of this workshop?

Workshop Overview

- Half-day interactive workshop co-hosted by organizations interested in community walkability
- At this workshop, participants should expect to:
 - Convene community members and people who influence local planning (city planners, engineers, elected officials, etc.)
 - Discuss elements of people-focused transportation
 - Develop local action plan to identify next steps to improve walkability for all

3/15/2019

OFFICE OF STATEWIDE HEALTH IMPROVEMENT INITIATIVES | [HEALTH.STATE.MN.US/ABOUT/ORG/CH/OSHII/INDEX.HTML](https://health.state.mn.us/about/org/ch/oshii/index.html)

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Fall workshops 2019

Workshop Objectives

- As a result of attending, participants should be able to:
 - Describe the 6E's of planning and their role in promoting safe, enjoyable, and equitable walking environments
 - Understand the current walking conditions in their communities and identify factors that promote walking and make walking more difficult
 - Determine strategies and action steps the community can take to improve the walking environment for all

Statewide Goal of Walkable Community Workshops:

Increase capacity of communities to influence local planning around walking

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A lot of people influence community walkability



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What are the benefits of hosting a Walkable Community Workshop?



Photo Source: Star Tribune, National Walking Summit, St. Paul 2017



1. Only ½ of US adults meet the recommended number of minutes of PA per week
2. People who live in communities with sidewalks on most streets are 47% more likely to be active at least 30 minutes/day
3. Public transit users take 30% more steps per day than people who rely on cars

Proven strategy to increase physical activity (www.thecommunityguide.org)

Involve community in community design and transportation plans

Form partnerships

Develop action plan for walkable community

Identify local champions



National realtors survey says 86% of people view sidewalks positively.

Streets with the highest numbers of pedestrians are streets that have:

1. Active uses. These were streets with lots of high-traffic buildings (defined as a place that at more than five people entered or exited during the observation period) or active fixtures (such as parks, restaurants, schools, and the like) relative to their amount of inactive features (such as parking lots, churches, or construction sites).

2. Street furniture or items. Here the researchers considered very interactive elements (such as tables and chairs, benches, vendors, ATMs, bus stops, parking meters, and bike racks) as well as more inert objects (such as street lights, fire hydrants, trash cans, newspaper or mail boxes).

3. First-floor windows. This design feature was defined as the average proportion of the ground floor covered in windows. It remained significant even after controlling for the presence of retailers on the ground floor—meaning the appeal likely goes beyond window-shopping.

Everywhere we go, we hear parking is an issue. How do we create a “park once” downtown or business district?

- In the US - 50% of trips are less than 3 miles, 28% are less than 1 mile. 78% of the trips

that are 1 mile or less are driven.

Parking costs between \$5,000 to \$30,000 PER STALL in Minnesota.

How could that money be spent on trees, lighting, public art, greenspace, drinking fountains, etc.?

Photo credit: Patrick Hollister, PartnerSHIP4health



Often times, people who are not engaged early in the process feel like opposition is their only choice.

Community buy-in broadening partnerships

FIND the interested but not involved yet and understanding your role

Research shows that relatively **modest design improvements can make a difference** in civic perceptions. Photo experiments found that incorporating seating, greenery, lighting, and positive messaging can make civic spaces feel more welcoming and inclusive.

Local example: XXX City piloted a Walkable Community Workshop and XXX were engaged through XXX

Photo credit: Patrick Hollister, PartnerSHPI4Health

It's harder for some people to walk

Small Rural
Community
Populations

Children and
Youth

Native
American
Populations

People with
low Income
Living in
Urban
Communities

Older Adults

People with
Disabilities



3/15/2019

PROTECTING, MAINTAINING AND IMPROVING THE HEALTH OF ALL MINNESOTANS

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Application Timeline

- Application released: end of April
- Application webinar: early May
- Submission deadline: end of May
- Selected communities notified: early July
- Workshops: fall 2019
- Ongoing: TA for community cohorts



Preparing to Apply

- Connect with local partners
 - Community members
 - Work places, schools, etc.
 - Elected officials
 - Staff
- Identify potential co-hosts
- Gather community information



Thank you.

Contact Us:

Ellen Pillsbury, Active Transportation Coordinator

Ellen.Pillsbury@state.mn.us | 651-201-5493

Elizabeth Bina, Public Health Associate

Elizabeth.Bina@state.mn.us | 651-201-5494

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SRTS Program Updates

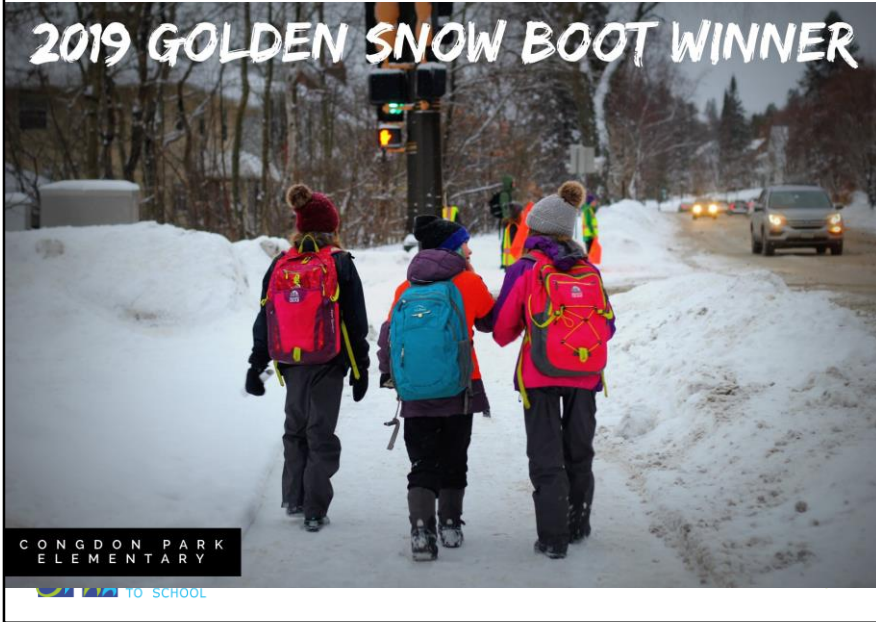
SRTS enews sign up: <https://public.govdelivery.com/accounts/MNDOT/subscriber/new>

SRTS e news <https://public.govdelivery.com/accounts/MNDOT/subscriber/new>



Winter Walk to School Day

2019 GOLDEN SNOW BOOT WINNER



CONGDON PARK
ELEMENTARY

   TO SCHOOL

2019 GOLDEN SNOW BOOT WINNER



CONGDON PARK
ELEMENTARY

WALK-BIKE-TO-SCHOOL

~~WALK AND BIKE TO SCHOOL DAY~~
~~OCTOBER 10TH, 2018~~

~~WINTER WALK TO SCHOOL DAY~~
~~FEBRUARY 6TH, 2019~~

BIKE AND WALK TO SCHOOL DAY
MAY 8TH, 2019



from Kelly Corbin to everyone:

WWTSD resources and info:

http://www.dot.state.mn.us/mnsaferoutes/programs/winter_walk_to_school_day.html

from Kelly Corbin to everyone:

Walk and Bike to School Day marketing materials:

<http://www.dot.state.mn.us/mnsaferoutes/resources/brand-downloads.html>

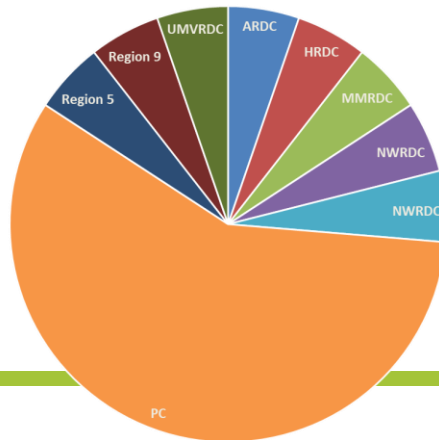
from Kelly Corbin to everyone:

Bike to SChool day registration: <http://www.walkbiketoschool.org/>

Planning Assistance Solicitation by RDC/PC

Applications by RDC/PC

ARDC	1
HRDC	1
MMRDC	1
NWRDC	1
NWRDC	1
PC	11
Region 5	1
Region 9	1
UMVRDC	1
Grand Total	19



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Give us feedback! dave.cowan@state.mn.us or kelly.corbin@state.mn.us

Infrastructure Solicitation



Local Coordinator Solicitation Open!

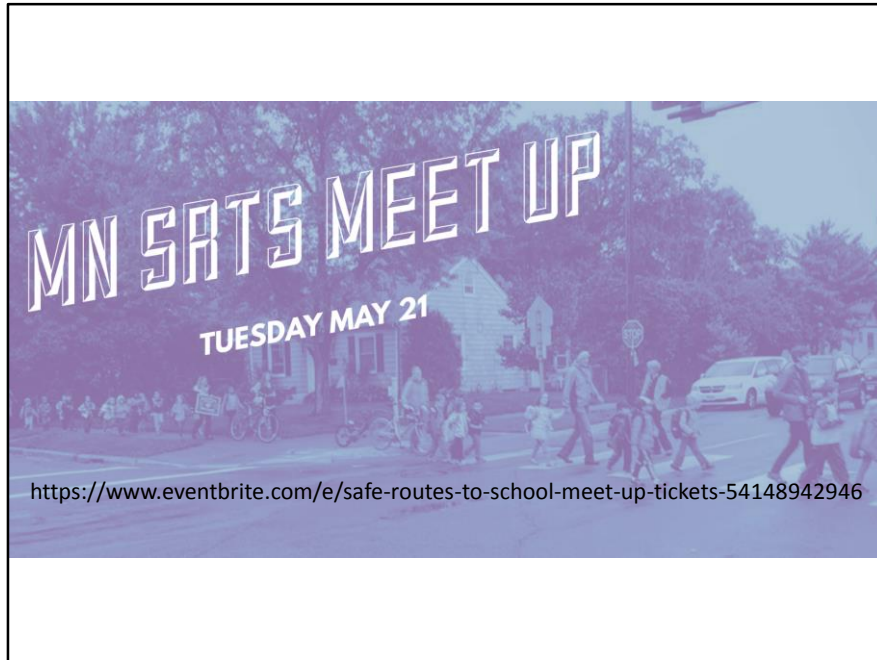


<http://www.dot.state.mn.us/saferoutes/local-srts-coordinator-grants.html>

FAQ webinar on Monday at 11am...info on the link above!

SRTS Meet Up Updates





Register for the SRTS Meet Up Training Here: <https://www.eventbrite.com/e/safe-routes-to-school-meet-up-tickets-54148942946>

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CATALYST FUNDING INITIATIVE

Seeks to fund community-driven, culturally specific efforts that support commercial tobacco control, healthy eating, or physical activity, especially those impacting social determinants of health.

- Funding for projects that can be implemented June 15 – December 31, 2019
- \$5000 - \$30,000
- Webinar Friday March 15, 2019 10:00 a.m. (TOMORROW!!!)
- Applications due Friday, April 12, 2019 1:00 p.m.

Please note: The webinar will be recorded and available on our funding page - <https://www.centerforpreventionmn.com/our-approach/available-funding/>

Yes SRTS implementation activities are eligible...not concrete, but support for programming (encouragement, education, enforcement, evaluation) and demonstration projects.

Other funding available:

AARP Community Challenge funding is also available and could be for Demonstration Projects, Creative Crosswalks or other walking, biking or placemaking projects!
<https://www.aarp.org/livable-communities/about/info-2017/aarp-community-challenge.html>

CENTER FOR PREVENTION PODCAST



Explores themes related to health, health equity and community.

We hope to include community voices in our episodes, and are collecting stories for our March launch!

Please call in at 1-877-972-7563 and share your thoughts in 30 - 60 seconds on when and how you learned about being healthy.

www.centerforpreventionmn.com/podcast



The Center for Prevention is launching a new podcast!

Most recent Episode, Independence and Interdependence – Jill is on it!

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If you are wondering if a School has a SRTS plan in your area you can use our new Visualization tool...also it may help put pressure on schools to show that over 450 planning grants have been granted to schools all over the state and they don't want to miss out.

http://www.dot.state.mn.us/mnsaferoutes//about/visualizing_saferoutes.html

from Michelle Kiefer to everyone: Walk! Bike! Fun!

Lots of Ambassador trainings around the state with room for more people. Find them and how to register at <http://www.bikemn.org/events>

WBF Curriculum Training dates and locations: Minneapolis, April 23; Roseville, April 26; Monticello, May 23; Long Prairie, June 11; Albert Lea, TBD



THE MINNESOTA SAFE ROUTES TO SCHOOL NETWORK...



MONTH

April 11, 10:00 – 11:00 AM

TOPIC

- Bike to School Event Planning Preparation (Skill Share)
- Legislative Update
- Preview Meet Up Agenda

MONTH

~~May 9, 10:00 – 11:00 AM~~

TOPIC

- Cancelled due to Meet Up Planning




MONTH

June 13, 10:00 – 11:00 AM

TOPIC

- SRTS Strategies and Tribal Communities

To join the Minnesota Safe Routes to School Network,
email centercommunications@bluecrossmn.com







THE MINNESOTA SAFE ROUTES TO SCHOOL NETWORK...

MONTH July 11, 10:00 – 11:00 AM	TOPIC • TBD
MONTH August 8, 10:00 – 11:00 AM	TOPIC • TBD
MONTH September 12, 10:00 – 11:00 AM	TOPIC • TBD

To join the Minnesota Safe Routes to School Network,
 email centercommunications@bluecrossmn.com

January 18 SRTS in Large School Districts and Minneapolis New SRTS Action Plan

THE MINNESOTA SAFE ROUTES TO SCHOOL NETWORK...

MONTH October 10, 10:00 – 11:00 AM	TOPIC • TBD
MONTH November 14, 10:00 – 11:00 AM	TOPIC • TBD
MONTH December 12, 10:00 – 11:00 AM	TOPIC • TBD

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January 18 SRTS in Large School Districts and Minneapolis New SRTS Action Plan



2019 MEETINGS

2019 Meeting Dates:

~~January 17 (3rd Thursday)~~

~~February 14~~

~~March 14~~

April 11

May 9

June 13

July 11

August 8

September 12

October 10

November 14

December 12

Call Time: 10:00 – 11:00AM



THANK YOU!



THE MINNESOTA SAFE ROUTES TO SCHOOL NETWORK...



MONTH

January 17, 10:00 – 11:00 AM

TOPIC

- SRTS and Active Transportation Policy Update
- Equitable Development Scorecard

MONTH

February 14, 10:00 – 11:00 AM

TOPIC

- 2019 Priorities

MONTH

March 14, 10:00 – 11:00 AM

TOPIC

- Winter Walk To School Day Recap
- Walkable Community Workshops

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